

HOCKEYCAMP SWEDEN SOUTH AFRICA



SOUTH AFRICAN
ICE HOCKEY
FEDERATION

STARZONE
SPORTS



HOCKEY CAMP SWEDEN SOUTH AFRICA

Location: Johannesburg/Pretoria

Date: 22nd-25th of September

Arena: Grove Mall Ice Rink Johannesburg/Pretoria

Price: 2950 Rand

Info and Registration: <https://starzonesports.com/camper/hockeycamp-sweden-en/camps/hockey-camp-sweden-south-africa/>



CUSTOMER REVIEWS

- The ice-sessions and the coaches are awesome. Very good drills with variations and clear instructions. You can feel the development of each player on the ice!
- When arriving at home my son was lyrical and told me so many positive facts about the camp and the coaches. Amazing and instructively, the best Camp he ever attended. Thank you Starzone!
- Great planning and execution of the Camp with a great crew of Skills Coaches. The Camp was challenging and he was very pleased when we home after Camp.
- The Ice sessions was challenging in a good and positive manner. I felt that I got a good individual development on the ice sessions

PAYMENT DETAILS:

Account name – SAIHF Account NR – 221 001 336

Branch Code– 018005 Swift code – 018005

Use Name and Surname as payment reference

ABOUT HOCKEYCAMP SWEDEN SOUTH AFRICA

Starzone Sports is proud to present **Hockeycamp Sweden South Africa.**

We offer 4 days of high intensity and quality training for players that wants to focus on their individual development. Hockeycamp Sweden South Africa is a unique possibility for South African players to train together with Starzones world wide renowned skills coaches to optimize individual skills development.

During our Camp you will get 8 hours of ice training with focus on detailed skills training. There is also 8 hours of Off-Ice training for a complete experience of training that will help you reach the next level of hockey skills.

SKILLS COACHES:



ALL THIS IS INCLUDED

- 2 Ice sessions per day, in total 8 hours of ice.
- 8 hours of hockeyspecific Off-ice training.
- Off-ice includes Physio, skills training and classroom sessions.
- On- ice Powerskating training with parachutes and restrain bands.
- Each coach is specialized within their skills competence to give you the optimal learning.
- Specific and detailed skills-training according to the 360 degrees training methodology .
- Classroom sessions with specific themes about mental aspect, food and training methodology.

