

## Hockey Camp Sweden South Africa



## Welcome to Hockey Camp Sweden South Africa – Cape Town

Starzone Sports is proud to present the 2:nd **Hockeycamp Sweden South Africa**, **this time in Cape Town**.

We offer 4 days of high intensity and quality training for players that wants to focus on their individual development. Hockeycamp Sweden South Africa is a unique possibility for South African players to train together with Starzones world wide renowned skills coaches to optimize individual skills development.

During our Camp you will get 6 hours of ice training with focus on detailed skills training. There is also 4 hours of hockey specific Off-Ice training for a complete experience of training that will help you reach the next level of hockey skills.



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