

# HOCKEYCAMP SWEDEN AUSTRIA



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**HOCKEYCAMP SWEDEN  
AUSTRIA**



**HOCKEY  
CAMP**

**SWEDEN**

SINCE 1993



# HOCKEY CAMP SWEDEN AUSTRIA

Location: Vienna

Arena: Albert Schultz Eishalle

Date: 2<sup>nd</sup> -5<sup>th</sup> of January

Price: 350 EURO

Info and Registration: <https://starzonesports.com/camper/hockeycamp-sweden-en/camps/hockey-camp-sweden-austria/>



## CUSTOMER REVIEWES

- The ice-sessions and the coaches are awesome. Very good drills with variations and clear instructions. You can feel the development of each player on the ice!
- When arriving at home my son was lyrical and told me so many positive facts about the camp and the coaches. Amazing and instructively, the best Camp he ever attended. Thank you Starzone!
- Great planning and execution of the Camp with a great crew of Skills Coaches. The Camp was challenging and he was very pleased when we home after Camp.
- The Ice sessions was challenging in a good and positive manner. I felt that I got a good individual development on the ice sessions

## PAYMENT DETAILS:

Account name – XXX      Account NR – 000 000 000

Branch Code– 00000      Swift code – 00000

Use Name and Surname as payment reference

## ABOUT HOCKEYCAMP SWEDEN AUSTRIA

Starzone Sports is proud to present **Hockeycamp Sweden Austria**.

We offer 4 days of high intensity and quality training for players that wants to focus on their individual development. Hockeycamp Sweden South Austria is a unique possibility for Austrian players to train together with Starzones world wide renowned skills coaches to optimize individual skills development.

During our Camp you will get 8 hours of ice training with focus on detailed skills training. There is also 8 hours of Off-Ice training for a complete experience of training that will help you reach the next level of hockey skills.

## STARZONE SKILLS COACH TEAM:



Ansis Straupe



Thomas Eriksson



Gustav Wallner



Mattias Valente

## ALL THIS IS INCLUDED

- 2 Ice sessions per day, in total 8 hours of ice.
- 8 hours of hockeyspecific Off-ice training.
- Off-ice includes Physio, skills training and classroom sessions.
- On- ice Powerskating training with parachutes and restrain bands.
- Each coach is specialized within their skills competence to give you the optimal learning.
- Specific and detailed skills-training according to the 360 degrees training methodology .
- Classroom sessions with specific themes about mental aspect, food and training methodology.





# HOCKEY CAMP SWEDEN AUSTRIA

## GOALIE - TRAINING

Location: Vienna

Arena: Albert Schultz Eishalle

Date: 2<sup>nd</sup> -5<sup>th</sup> of January

Price: 350 EURO



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### ABOUT HOCKEYCAMP SWEDEN AUSTRIA GOALIE TRAINING

Starzone Sports has long experience to integrate dedicated goalie sessions into the “normal” Camp schedule so that we can deliver a high end training experience for goalies attending the Camp. The Goalie Training integrated in the Camp includes:

- 2 hours of dedicated goalie sessions every day with Starzones Goalie coach
- Dedicated training for goalies include skating, stickhandling and of course different types of goalie specific movements.
- Our Goalie coach will use Ipads and video feedback for giving you the all the details in the feedback.

