



October 26-28

**Monday to  
Wednesday**

For players  
**2012-2009**

**Arena:** Stora  
Mossen, Bromma

**3 ice sessions  
per day**

**Price:** 280 Euro

Starzone Skills Camp  
jersey to all Camp  
participants

**Sign in:**

[Starzone website](#)

**Training:**

High level of training of  
movement patterns and  
skills with in skating,  
stickhandling, passing and  
goal scoring. Individual  
training with a high level of  
details that is challenging  
and creative.

## **SKILLS CAMP FALLBREAK - BROMMA**

*OCT 26-28 STORA MOSSEN*

**Adapted and detailed Skills training for  
player ages 8-12- Training based on  
Starzones appreciated methodology and  
pedagogy.**

The Starzone Camps will help our players to develop:

- The optimal body position
- Correct and efficient movement patterns
- Motor skills and coordination
- Hockey specific mobility
- Good habits and focus
- Creativity and joy
- Passion for the sport of hockey

**Our Skills Camps is for any player that loves  
to develop through detailed skills training.**

---

### **Player voices about Starzone:**



Educated, with high level of pedagogy with the  
ability to get the most out of every player.



Very committed with a high level of  
knowledge . Always have time for questions  
from the players. Pro Coaches with a high  
level of pedagogy



The players love their incredible level of  
knowledge and ambition.